



WAZA KYU 10 - KYU 1

KYU 1–WAZA (min. 6 bulan/70 x latihan setelah ujian kyu 2)	KYU 2–WAZA (min. 6 bulan/70 x latihan setelah ujian kyu 3)
<p>Waza Kyu 2 + Tachi Waza: Ryotodori → Koshinage Katadori Menuchi → Ikkyo s/d Gokyo Shomenuchi → Kaitenosae, Kaitenage, Udegarami</p> <p>Hanmi Handachi Waza: Yokomenuchi → Ikkyo s/d Gokyo, Iriminage, Shihonage Shomenuchi → Kotegaeshi</p> <p>Ushiro Waza: Ushiro Ryotodori → Shihonage, Jujigarami, Koshinage Ushiro Katatedori Kubijime → Iriminage, Sankyo, Koshinage</p> <p>Suwari / Zagi Waza: Tsuki → Ikkyo s/d Gokyo, Iriminage</p> <p>Jiyu Waza</p>	<p>Waza Kyu 3 + Tachi Waza: Morotodori → Ikkyo s/d Gokyo, Iriminage Katatedori → Koshinage Ryotodori → Tenchinage Tsuki → Tenbinage, Kaitenage</p> <p>Hanmi Handachi Waza: Katatedori → Sankyo, Shihonage, Kaitenage</p> <p>Ushiro Waza: Ushiro Ryotodori → Ikkyo s/d Gokyo, Iriminage, Shihonage</p> <p>Suwari / Zagi Waza: Yokomenuchi → Ikkyo s/d Gokyo, Iriminage</p> <p>Jiyu Waza</p>
KYU 3–WAZA (min. 6 bulan/70 x latihan setelah ujian kyu 4)	KYU 4–WAZA (min. 6 bulan/70 x latihan setelah ujian kyu 5)
<p>Waza Kyu 4 + Tachi Waza: Yokomenuchi → Kotegaeshi, Tenbinage, Koshinage Ryotodori → Kotegaeshi, Tenchinage Munadori → Ikkyo s/d Gokyo, Iriminage</p> <p>Ushiro Waza: Ushiro Ryotodori → Ikkyo s/d Sankyo</p> <p>Suwari / Zagi Waza: Shomenuchi → Ikkyo s/d Gokyo, Iriminage</p> <p>Jiyu Waza</p>	<p>Waza Kyu 5 + Tachi Waza: Tsuki → Nikyo, Sankyo, Yonkyo, Gokyo, Shihonage, Kotegaeshi Munadori → Shihonage Morotodori → Kokyunage, Kotegaeshi Ryotodori → Shihonage, Iriminage</p> <p>Suwari / Zagi Waza: Katatedori → Ikkyo s/d Gokyo, Iriminage, Shihonage Aihanmi Katatedori → Ikkyo s/d Gokyo, Iriminage, Shihonage</p>
KYU 5–WAZA (min. 5 bulan/60 x latihan setelah ujian kyu 6)	KYU 6–WAZA (min. 4 bulan/45 x latihan)
<p>Waza Kyu 6 + Tachi Waza: Aihanmi Katatedori → Sankyo, Yonkyo, Gokyo Katatedori → Sankyo, Yonkyo, Gokyo, Kotegaeshi, Kaitenage Yokomenuchi → Nikyo, Sankyo, Yonkyo, Gokyo Shomenuchi → Sankyo, Yonkyo, Gokyo, Shihonage Tsuki → Ikkyo, Iriminage</p>	<p>Waza Kyu 7 + Tachi Waza: Aihanmi Katatedori → Nikyo Katatedori → Nikyo, Shihonage, Sumiotoshi Yokomenuchi → Iriminage Shomenuchi → Nikyo</p>
KYU 7–WAZA (min. 4 bulan sejak kyu 8/sejak mulai latihan)	KYU 8–WAZA (min. 3 bulan latihan)
<p>Waza Kyu 8 + Tachi Waza: Katatedori → Ikkyo, Iriminage Yokomenuchi → Ikkyo Shomenuchi → Ikkyo</p>	<p>Waza Kyu 9 + Tachi Waza: Yokomenuchi → Shihonage Shomenuchi → Iriminage</p>
KYU 9–WAZA (min. 3 bulan latihan)	KYU 10–WAZA (min. 3 bulan latihan)
<p>Waza Kyu 10 + Tachi Waza: Aihanmi Katatedori → Iriminage, Shihonage</p>	<p>Taisabaki: Irimi, Tenkan, Kaiten Sabaki Kata: Shomenuchi, Yokomenuchi, Tsuki Ikkyo-Undo, Funakogi-Undo, Zengo-Undo, Shiho-Undo, Hapo Undo Shiko: Mae, Ushiro, Kaiten Ukemi: Mae, Ushiro Tachi Waza: Aihanmi Katatedori → Ikkyo Suwari / Zagi Waza: Kokyuhu</p>